



WELCOME TO

# HEALTH AS IT SHOULD BE



Crossover Health, one of Synopsys's trusted healthcare teams, has designed a complete approach to wellbeing that's built around you. At Crossover, healthcare is convenient, simple to navigate, affordable, and personalized to meet your needs.

## ONE SIMPLE PLACE TO GO

Overall health and wellbeing shouldn't be considered in pieces, which is why we bring doctors and specialists together. Whether you receive care virtually, in person, or a combination of both, you get the same quality of care—and the same care team—every time. Your team's collaboration combines with your input to create whole body health.

- ✓ Primary Care
- ✓ Mental Health
- ✓ Physical Therapy
- ✓ Coaching
- ✓ Care Navigation
- ✓ Chiropractic Care
- ✓ Annual Physicals
- ✓ Lab Work
- ✓ Prescriptions
- ✓ Be Well: Resources for a Healthy Lifestyle

## THE CARE YOU NEED, WHEN YOU NEED IT

### ACCESSIBLE

In-person and virtual visits with an expanded care team, and no long wait times

### AFFORDABLE

No-cost membership and no billing hassles\*

### REMARKABLE

96% Member Satisfaction Score with 64% of members claiming Crossover as their medical home

\*Select charges may apply for certain services not fully covered by your insurance.



Visit [crossoverhealth.com](https://crossoverhealth.com) or scan this QR Code to learn more about Crossover.

TYPE OF SERVICE	XO VISIT FEE	UHC HS BASIC	UHC HS STANDARD	UHC HS PREMIUM	INTERNATIONAL
Annual Physical/ Well Women	\$140	\$0	\$0	\$0	\$0
Primary Care Visit	\$90	\$90/\$18 (Ded/Coins)	\$90/\$13.50 (Ded/Coins)	\$90/\$9 (Ded/Coins)	\$0
Health Coaching	\$0	\$0	\$0	\$0	\$0
Mental Health	\$130	\$130/\$26 (Ded/Coins)	\$130/\$19.50 (Ded/Coins)	\$130/\$13 (Ded/Coins)	\$0
Physical Therapy	\$40	\$40/\$8 (Ded/Coins)	\$40/\$6 (Ded/Coins) 50 visits/yr	\$40/\$4 (Ded/Coins) 50 visits/yr	\$0
Acupuncture	\$40	\$40/\$8 (Ded/Coins)	\$40/\$6 (Ded/Coins) 20 visits/yr	\$40/\$8 (Ded/Coins) 20 visits/yr	\$0
Chiropractic	\$40	\$40/\$8 (Ded/Coins)	\$40/\$6 (Ded/Coins) 20 visits/yr	\$40/\$4 (Ded/Coins) 20 visits/yr	\$0
Nurse Visit	\$0	\$0	\$0	\$0	\$0
Prescriptions (Retail)	\$5	\$5	\$5	\$5	\$0
Lab Fee	\$10	\$10/\$2 (Ded/Coins)	\$10/\$1.50 (Ded/Coins)	\$10/\$1 (Ded/Coins)	\$0
Outside Lab Order	\$0	\$0	\$0	\$0	\$0
OD Initial Visit	\$10	\$0	\$0	\$0	\$0
OD Follow Up	\$0	\$0	\$0	\$0	\$0
VSP Hardware	n/a	VSP Benefit (VSP to verify)	VSP Benefit (VSP to verify)	VSP Benefit (VSP to verify)	Out of Pocket

## MEMBERS HAVE ACCESS TO:

### ***VIRTUAL CARE***

the right care at the right time,  
every time

### ***SELF-SCHEDULING***

plus online provider messaging  
and access to health records

### ***CARE NAVIGATION***

we refer you to local, high-  
quality, cost-effective providers

### ***BE WELL***

your 24/7 fitness, wellness, and  
self-care online resource