



*WELCOME TO*  
**HEALTH AS  
IT SHOULD BE**



Crossover Health, one of Nvidia's trusted healthcare teams, has designed a complete approach to wellbeing that's built around you. At Crossover, healthcare is convenient, simple to navigate, affordable, and personalized to meet your needs.

## ONE SIMPLE PLACE TO GO

Overall health and wellbeing shouldn't be considered in pieces, which is why we bring doctors and specialists together. Whether you receive care virtually, in person, or a combination of both, you get the same quality of care—and the same care team—every time. Your team's collaboration combines with your input to create whole body health.

- ✓ Primary Care
- ✓ Lab Work
- ✓ Mental Health
- ✓ Physical Therapy
- ✓ Health Coaching
- ✓ Care Navigation
- ✓ Annual Physicals
- ✓ Prescriptions
- ✓ Acupuncture
- ✓ Chiropractic Care
- ✓ Optometry
- ✓ Fitness

## THE CARE YOU NEED, WHEN YOU NEED IT

### **ACCESSIBLE**

In-person and virtual visits with an expanded care team, and no long wait times

### **AFFORDABLE**

No-cost membership and no billing hassles\*

### **REMARKABLE**

96% Member Satisfaction Score with 64% of members claiming Crossover as their medical home



Sign in to schedule an appointment or sign up to activate your no-cost\* membership today!

\*Select charges may apply for certain services not fully covered by your insurance.

TYPE OF SERVICE	CIGNA HSA/HSA+	CIGNA PPO	BCBS	BCBS GOLD	INTERNATIONAL
Annual Physical/ Well Women & Travel	\$0	\$0	\$0	\$0	\$0
Primary Care Visit	\$90/\$9 (Ded/Coins)	\$20	\$90/\$9 (Ded/Coins)	\$20	\$0
Health Coaching	\$0	\$0	\$0	\$0	\$0
Mental Health	\$20/\$2 (Ded/Coins)	\$20	\$20/\$2 (Ded/Coins)	\$20/\$2 (Ded/Coins)	\$0
Physical Therapy	\$40/\$4 (Ded/Coins)	\$30	\$40/\$4 (Ded/Coins)	\$30	\$0
Acupuncture	\$40/\$4 (Ded/Coins)	\$30	\$40/\$4 (Ded/Coins)	\$40	\$0
Chiropractic	\$40/\$4 (Ded/Coins)	\$30	\$40/\$4 (Ded/Coins)	\$16	\$0
Labs	\$10/\$1 (Ded/Coins)	\$0	\$10/\$1 (Ded/Coins)	\$0	\$0
Prescriptions	\$5	\$5	\$5	\$5	\$0
VSP Optometry Exam	\$10	\$10	\$10	\$10	\$0

## MEMBERS HAVE ACCESS TO:

### ***VIRTUAL CARE***

the right care at the right time, every time

### ***SELF-SCHEDULING***

plus online provider messaging and access to health records

### ***CARE NAVIGATION***

we refer you to local, high-quality, cost-effective providers

### ***BE WELL***

your 24/7 fitness, wellness, and self-care online resource