



WELCOME TO
**HEALTH AS
IT SHOULD BE**



Crossover Health, one of Micron's trusted healthcare teams, has designed a complete approach to wellbeing that's built around you. At Crossover, healthcare is convenient, simple to navigate, affordable, and personalized to meet your needs.

ONE SIMPLE PLACE TO GO

Overall health and wellbeing shouldn't be considered in pieces, which is why we bring doctors and specialists together. Whether you receive care virtually, in person, or a combination of both, you get the same quality of care—and the same care team—every time. Your team's collaboration combines with your input to create whole body health.

- ✓ Primary Care
- ✓ Lab Work
- ✓ Acupuncture
- ✓ Chiropractic Care
- ✓ Optometry
- ✓ Annual Physicals
- ✓ Mental Health
- ✓ Physical Therapy
- ✓ Health Coaching
- ✓ Fitness

THE CARE YOU NEED, WHEN YOU NEED IT

ACCESSIBLE

In-person and virtual visits with an expanded care team, and no long wait times

AFFORDABLE

No-cost membership and no billing hassles*

REMARKABLE

96% Member Satisfaction Score with 64% of members claiming Crossover as their medical home



Sign in to schedule an appointment or sign up to activate your no-cost* membership today!

*Select charges may apply for certain services not fully covered by your insurance.

| TYPE OF SERVICE | XO VISIT FEE | BC HDHP | BBC PPO | ST. LUKE'S | ST. ALPHONSUS | VALUE HDHP | VALUE PPO |
|--------------------------------|--------------|-----------------------------|-------------------------|-------------------------|-------------------------|-------------------------|----------------------------|
| Annual Physical/ Well Women | \$140 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 |
| Primary Care Visit | \$90 | \$90/\$13.50 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$30/\$6 (Ded/Coins) | \$90/\$9 (Ded/Coins) | \$35/\$5.25 (Ded/Coins) |
| Mental Health | \$20 | \$20/\$3 (Ded/Coins) | \$20/\$4 (Ded/Coins) | \$20/\$4 (Ded/Coins) | \$20/\$4 (Ded/Coins) | \$20/\$2 (Ded/Coins) | \$20/\$3 (Ded/Coins) |
| Health Coaching | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 |
| Physical Therapy | \$40 | \$40/\$6 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$30/\$6 (Ded/Coins) | \$40/\$4 (Ded/Coins) | \$35/\$5.25 (Ded/Coins) |
| Chiropractic Care | \$40 | \$40/\$6 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$30/\$6 (Ded/Coins) | \$40/\$4 (Ded/Coins) | \$35/\$5.25 (Ded/Coins) |
| Acupuncture | \$40 | \$40/\$6 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$35/\$7 (Ded/Coins) | \$30/\$6 (Ded/Coins) | \$40/\$4 (Ded/Coins) | \$35/\$5.25 (Ded/Coins) |
| Opto Exam | \$10 | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 |

MEMBERS HAVE ACCESS TO:

VIRTUAL CARE

the right care at the right time, every time

SELF-SCHEDULING

plus online provider messaging and access to health records

CARE NAVIGATION

we refer you to local, high-quality, cost-effective providers

BE WELL

your 24/7 fitness, wellness, and self-care online resource