

| Type of Service | BCBS TX High Ded | BCBS TX PPO+Plan | BCBS TX PPO |
|--------------------------------------|--|----------------------|----------------------|
| Annual Physical, Well Women & Travel | \$0 | \$0 | \$0 |
| Primary Care | \$90/\$18 Ded/Coins | \$20 | \$20 |
| Health Coaching | \$0 | \$0 | \$0 |
| Behavioral Health | \$20/\$4 Ded/Coins | \$20/\$2 Ded/Coins | \$20/\$2 Ded/Coins |
| Physical Therapy | \$40/\$8 Ded/Coins | \$40 | \$40 |
| Acupuncture | \$20/\$4 Ded/Coins 35 visits/yr | \$40 35 visits/yr | \$40 35 visits/yr |
| Chiropractic | \$40/\$8 Ded/Coins 35 visits/yr | \$40 35 visits/yr | \$40 35 visits/yr |
| Labs - Sent Out | \$10/\$2 Ded/Coins | \$10/\$1 Ded/Coins | \$10/\$2 Ded/Coins |
| Medication | \$5 | \$5 | \$5 |
| Massage | Massage is not covered by insurance and it is \$1 a minute. 50 min and 25 min appointments available. | | |
| VSP Optometry Exam | \$10 | \$10 | \$10 |