VIRTUAL VISITS WILL BE PROVIDED AT NO COST TO EMPLOYEES THROUGH 12/31/2020

Type of Service	Premera HSA	Kaiser	International
Annual Physical, Well Women & Travel	\$0	n/a	\$0
Primary Care Office Visit	\$90/\$9	n/a	\$0
Health Coaching	\$0	\$0	\$0
Psychiatry Visit	\$200/\$20	n/a	\$0
Behavioral Health*	\$130/\$13	n/a	\$0
Physical Therapy	\$40/\$4	n/a	\$0
Acupuncture	\$40/\$4	n/a	\$0
Chiropractic	\$40/\$4	n/a	\$0
Nurse Visit	\$0	n/a	\$0
Massage	Massage is \$1 a min and is not covered by insurance. 50 min and 25 min appointments available.		
Labs	\$10/\$1	n/a	\$0
Medication	\$5	n/a	\$0
Optometry Exam	\$0	n/a	\$0